

## Health and Wellbeing

### Home Learning Activities Primary 2

Physical Wellbeing	Balloon Games	<a href="http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/BalloonGames_1.pdf">http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/BalloonGames_1.pdf</a>
	Road Safety – Be Bright Be Seen	<a href="https://www.think.gov.uk/resource/be-bright-be-seen-game/">https://www.think.gov.uk/resource/be-bright-be-seen-game/</a>
	Major organs of the human body	<a href="https://www.bbc.co.uk/bitesize/clips/zsw39q">https://www.bbc.co.uk/bitesize/clips/zsw39q</a>
	Spot the danger	<a href="https://lifeliveit.redcross.org.uk/Stay-safe/Activity-spot-danger">https://lifeliveit.redcross.org.uk/Stay-safe/Activity-spot-danger</a>
Mental Wellbeing	Make a leaf mask	<a href="http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/Leaf_mask_2.pdf">http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/Leaf_mask_2.pdf</a>
	Children’s rights	<a href="https://www.bing.com/videos/search?q=UNCRC+child+friendly&amp;adlt=strict&amp;view=detail&amp;mid=6F9AFC64F3581AE539856F9AFC64F3581AE53985&amp;&amp;FORM=VRDGAR">https://www.bing.com/videos/search?q=UNCRC+child+friendly&amp;adlt=strict&amp;view=detail&amp;mid=6F9AFC64F3581AE539856F9AFC64F3581AE53985&amp;&amp;FORM=VRDGAR</a>  Watch and discuss.
	The Lonely Monster	<a href="https://www.youtube.com/watch?v=Jdj1_TQbIYI&amp;feature=youtu.be">https://www.youtube.com/watch?v=Jdj1_TQbIYI&amp;feature=youtu.be</a>  Watch and discuss.
	The Friendship Code	<a href="https://www.bbc.co.uk/bitesize/clips/z6iqhyc">https://www.bbc.co.uk/bitesize/clips/z6iqhyc</a>  Write your own friendship code.
Food Technology	Healthy Eating	<a href="http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction/default.htm">http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction/default.htm</a>
	Berry Messy!	<a href="http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/berry%20mess-strawberry%20salad.pdf">http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/berry%20mess-strawberry%20salad.pdf</a>
	Food waste	<a href="https://www.bbc.co.uk/bitesize/topics/zjr8mp3/articles/zyjytrd">https://www.bbc.co.uk/bitesize/topics/zjr8mp3/articles/zyjytrd</a>

